

You Cannot Hide That Tiger Pride!

FALL SPORTS

First Practice Day, August 15, 2008

All players must have completed official DIAA physical form completed prior to practicing.

Football	Head Coach	Zeb Blum	602-0034	Zebulun.Blum@redclay.k12.de.us
	Asst. Coach	Mark Alley	593-8255	Mark.Alley@redclay.k12.de.us
	Asst. Coach	John Barr	584-2991	John.Barr@redclay.k12.de.us
	Asst. Coach	Darren Brodie	383-5320	Darren.Brodie@redclay.k12.de.us
	Asst. Coach	Vic Leonard	229-4496	Victor.Leonard@redclay.k12.de.us
	Asst. Coach	Michael Page	598-3268	Michael.Page@redclay.k12.de.us
	Fresh. Coach	Tim Reeder	545-9131	Jedlefty@msn.com

WEIGHT TRAINING -- Monday through Thursday, 4:00-7:00pm (Attendance recommended for all players).

Mandatory meeting for all players AND one parent/guardian on **Mon., August 11** @ 6:00 pm, football stadium.

The first day of practice will be Friday, August 15 beginning at 7:30 am running through 5 pm.

Players should bring a bagged lunch and fluids for the day. Players will not be permitted to leave campus during breaks.

Soccer	Head Coach Boys	Gregory Thompson	793-0272	gregory.thompson@redclay.k12.de.us
	Asst/JV Coach	Chris Meanor	377-6365	christopher.meanor@redclay.k12.de.us

Field Hockey	Head Coach	Christy Wallace	454-9311	Christine.Wallace@redclay.k12.de.us
	Asst/JV Coach	Alexis Parrish		
	Fresh Coach	TBD		

Summer league through NCCo on Monday & Wednesdays, contact Scott Wallace 302-524-8146 if interested.

Eastern Field Hockey Camp August 1-5, contact Coach Wallace christine.wallace@redclay.k12.de.us

Summer conditioning will be posted to normal email addresses, freshman welcome.

Pre-season begins 8/15, 8 a.m. with the timed mile!

All varsity players are expected to comply with time qualifications on DAY ONE!!!!

Volleyball	Head Coach Girls	Jennifer Skinner	633-3139	Jennifer.Skinner@state.de.us
	Fresh Coach	Amy Huebner	651-2626	Amy.Huebner@redclay.k12.de.us

Cross Country	Head Coach Boys	Steve Lantz	996-0678	steven.lantz@redclay.k12.de.us
	Head Coach Girls	Mike Williams	290-3962	trackwilliams24@yahoo.com

Summer speed & acceleration club called "DuPont Express" held at the A.I. track.

On 3 days: Monday, Tuesday and Thursdays at 3:00pm - 4:00pm....officially kicks off June 9 to July 31, 2008.

Ages are middle school and up, open to anyone interested in gaining more acceleration, quickness & speed.

Cheerleading	Head Coach	Christina Rodriguez	528-6340	crodr56220@wildcats.wilmu.edu
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WINTER SPORTS

Basketball	Head Coach Boys	Tom Tabb	651-2626	tom.tabb@redclay.k12.de.us
Basketball	Head Coach Girls	Don Hertsenberg	234-0322	Coachdon810@aol.com
Ice Hockey	Head Coach	Bob Thomas	322-2740	RobThomas@Christianacare.org
Indoor Track	Head Coach Boys	Steve Lantz	996-0678	steven.lantz@redclay.k12.de.us
	Head Coach Girls	Mike Williams	290-3962	trackwilliams24@yahoo.com
Swimming & Diving	Head Coach	Kathy Drysdale	379-2641	kathyd@freestyles.org
	Asst. Swim Coach	Brian Drysdale	379-2287	brian.g.drysdale@gmail.com
	Asst. Dive Coach	Tucker Smith	218-3171	trsU2@comcast.net
Wrestling	Head Coach	Vic Leonard	995-1366	Victor.Leonard@redclay.k12.de.us

SPRING SPORTS

Baseball	Head Coach	Darren Brodie	383-5320	darren.brodie@redclay.k12.de.us
Golf	Head Coach	Adam Gimbl	593-3379	Adam.gimbl@redclay.k12.de.us
Lacrosse	Head Coach Boys	John Barr	584-2991	John.Barr@redclay.k12.de.us
Lacrosse	Head Coach Girls	Christy Wallace	454-9311	Christine.Wallace@redclay.k12.de.us
Soccer	Head Coach Girls	Jennifer Harden	753-3803	Jennifer.Harden@redclay.k12.de.us
	Asst. Coach	Cristina Page	651-2626	Cristina.Page@redclay.k12.de.us
	Asst/JV Coach	Megan O'Donnell	651-2626	Megan.Odonnell@redclay.k12.de.us
Softball	Head Coach	Robert Banner	521-4450	rbanner6@comcast.net
	Asst. Coach	Tom Eleuterio	738-3210	Francis.Eleuterio@redclay.k12.de.us
Tennis	Head Coach Boys	Chris Swider	651-2626	kevin.swider@redclay.k12.de.us
	Head Coach Girls	Gary Block	651-2626	gary.block@redclay.k12.de.us
Track and Field	Head Coach Boys	Steve Lantz	996-0678	steven.lantz@redclay.k12.de.us
	Head Coach Girls	Mike Williams	290-3962	trackwilliams24@yahoo.com
Volleyball	Head Coach Boys	TBD		